

Referenslista för insatsen *”Skapa en utomhusmiljö som stimulerar aktiva lekar”*

Förskola – Fysisk aktivitet

1. Van Cauwenberghe E, De Bourdeaudhuij I, Maes L, Cardon G (2012) Efficacy and feasibility of lowering playground density to promote physical activity and to discourage sedentary time during recess at preschool: a pilot study. *Prev Med* 55: 319-321
2. Cardon G, Labarque V, Smits D, De Bourdeaudhuij I (2009) Promoting physical activity at the pre-school playground: the effects of providing markings and play equipment. *Prev Med* 48: 335-340.
3. Zask A, Adams JK, Brooks LO, Hughes DF. (2012). Tooty Fruity Veggie: an obesity prevention intervention evaluation in Australian preschools. *Health Promotion Journal of Australia* 23(1): 10-15.